



Book Reviews

Rhinosinusitis with nasal polypsis, B.A. Woodworth, D.M. Poetker, D.D. Reh, editors (Karger, Basel, Switzerland) 2016. 172 pages. Price: US\$ 231.00/CHF 196.00/EUR 183.00

ISBN 978-3-318-05853-6

This book has comprehensively compiled the experience of various ENT specialists, reviewed the common pathologies and recent theories regarding pathophysiology of chronic rhinosinusitis with nasal polyposis, along with the evolution of various treatment options, both surgical and non-surgical. It proves to be a major reference covering current information on the pathogenesis as well as the medical and surgical management of chronic rhinosinusitis (CRS) and nasal polyposis (NP). It offers in depth attention to all crucial topics in the subspecialty of rhinosinusitis, ranging from aetiopathogenesis to recent treatment modalities and shift from surgical intervention to non-surgical management, especially for recurrent nasal polyposis.

The text is organized into three main sections. In the first section, “Differential Diagnosis of CRS/NP”, the authors have highlighted the differentials of nasal mass, and how to differentiate between the various causes of nasal mass depending upon the history, clinical examination and radiology. Authors have highlighted altered genetic and protein expression in allergic fungal sinusitis and CRS.

The second section, “New Discoveries Regarding Etiology of CRS/NP”, largely talks about the newer theories and philosophies behind the aetiopathogenesis of CRS and NP rather than the more established ones. Each chapter aims to provide a better understanding of the underlying pathophysiology behind CRS and NP. It proves to be an important academic update for both the beginners as well as the time-honoured ENT specialists. Several chapters are directly relevant in serving as a good office reference for the treatment of

common sinonasal concerns. The topic on extra-oral taste receptors for modulating innate immunity and their clinical relevance to rhinosinusitis is worth reading. It is an educational treat for postgraduate students of ENT and to the practising otolaryngologists.

The third section, “Advances in Medical and Surgical Therapy,” provides a comprehensive review of the newer non-surgical treatment modalities for NP and CRS apart from the age old surgical dictums and would help not only to the newly initiated but also experts wishing to review topics before any surgical procedure.

The chapters are well illustrated with good reproduction of imaging studies, colour photographs, and detailed diagrams. The chapters are well structured to facilitate rapid acquisition and retention of information. Trainees would find it beneficial for quickly recollecting and testing their knowledge of otolaryngology, whereas the senior faculty would appreciate the change of focus from the old, more recognized theories to the newer philosophies in aetiopathogenesis of rhinosinusitis. The level of detailing in the various chapters could serve as a valuable resource for both the residents and fellows in training, as well as junior faculty in otolaryngology.

Overall this book provides the ENT physicians adequate practical knowledge in a nut-shell. It is written in simple explicable language for proper understanding of not only the relatively new ENT physicians but also the more experienced rhinologists, and is recommended for personal collections as well as in institute libraries.

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